

MENTAL HEALTH & ADDICTION SERVICES FOR ADULTS

Residents of Berlin, Bristol,
Burlington, New Britain,
Plainville, Plymouth, & Southington

The CT Department of Mental Health and Addiction Services (DMHAS) funds mental health and substance abuse services for adults. DMHAS funded services are provided locally by the Leading Mental Health Authority for this region:



Community Mental Health Affiliates, Inc.
270 John Downey Drive, New Britain, CT 06051
Call 860-224-8192 to Access Services
Website: www.cmhacc.org

Services Provided at CMHA

- Outpatient Counseling
- Community Support Services
- Mobile Crisis Services
- Intensive Outpatient Program
- Homeless Outreach
- Medication Management
- Social & Rehabilitation Supports
- Vocational / Employment Supports
- Housing Programs and Supports
- Family and Parenting Support Groups
- Residential Programming
- Intensive Services
- Child & Family Services

CMHA provides services for children and adults who have private & state insurance.

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

DMHAS information at: www.ct.gov/dmhas
Service information at: www.ct.networkofcare.org

Also see town websites for local services.

THE CITIZEN'S VOICE IN MENTAL HEALTH SERVICES

North Central Regional Mental Health Board is a grassroots citizen's advisory board to DMHAS. Members evaluate state services and promote development of needed services. For information call 860-667-6388.

BERLIN, BRISTOL, BURLINGTON, NEW BRITAIN, PLAINVILLE, PLYMOUTH & SOUTHINGTON



Emergency & Non-Emergency Telephone Directory for Mental Health, Substance Abuse, and Other Services

This card does not include all the services available, but we hope that this brief list will help you begin your search for support.

Information provided by



**NORTH CENTRAL REGIONAL
MENTAL HEALTH BOARD**
367 Russell Road, Newington, CT 06111

For more cards or information call
860-667-6388
Access cards on line at
www.ncrmhb.org

November 2012

North Central Regional Mental Health Board

THE CITIZEN'S VOICE IN MENTAL HEALTH

North Central Regional Mental Health Board is a grassroots citizen's advisory board for state funded mental health services for adults provided by the Department of Mental Health and Addiction Services (DMHAS).

We bring towns, people in recovery, families, state-operated and private providers together to exchange information, evaluate services, and develop needed services.

We want our citizens to know that there are a variety of state funded community mental health services for people who are uninsured or underinsured.

Counseling, Medications, and Other Care

- Outpatient Counseling
- Case Management / Service Coordinator
- Mobile Crisis Services
- Jail Diversion
- Forensic Services
- Assertive Community Treatment / In-Home Treatments
- Homeless Outreach
- Medication Management
- Acute Inpatient Units

Help with Living in the Community

- Money Management and Entitlements
- Daily Living Skills Development
- Housing Supports
- Employment Supports
- Peer Supports
- Warmline Support / Peer Support on Telephone
- Social Clubs and Recreation
- Specialized Young Adult Services

To access state funded mental health services call **Community Mental Health Affiliates** at 860-826-1358. For customer rights and grievances, call DMHAS at 860-418-6933.

To join our citizen's advisory board, call North Central Regional Mental Health Board at 860-667-6388.



NON-EMERGENCY

MENTAL HEALTH, SUBSTANCE ABUSE AND SUPPORT SERVICES
BERLIN, BRISTOL, BURLINGTON, NEW BRITAIN, PLAINVILLE,
PLYMOUTH & SOUTHWINGTON

ALL NUMBERS ARE IN THE 860 AREA CODE UNLESS NOTED

INFORMATION AND REFFERAL (General)

Community Mental Health Affiliates 826-1358
Connecticut Clearinghouse (Educational Materials) 800-232-4424
INFOLINE (Can Provide Additional Service Listings) 211
HelpLine (Wheeler Clinic Support Phone Service) 747-3434

ENTITLEMENTS / BENEFITS

Care for Kids (Childcare Subsidies) 888-214-KIDS
CT Dept. of Social Services, 3580 Main St, Hartford 424-4908
Medicare 800-MEDICARE
Social Security Administration 877-619-2851
SAGA (State Administered General Assistance) 424-5250
WIC - CT Dept. of Public Health 509-8084
WIC - Bristol 585-3280
CT Dept. of Veteran's Affairs 860-827-1000

FAMILY ORGANIZATIONS

African Caribbean American Parents of Children
with Disabilities (AFCAMP) 297-4358
Asian Family Services - Community Renewal Team (ext. 1) 951-8770
PADRES Abriendo Puertas 297-4391
NAMI Connecticut 800-215-3021

FOOD ASSISTANCE / PANTRIES / SOUP KITCHEN

Berlin Social Services, 240 Kensington Avenue, Berlin 828-7007
Bread for Life Soup Kitchen 276-8389
St. Paul's Episcopal Church, 145 Main St, Southington
Bristol Food Pantry, 43 Prospect St, Bristol 589-0662
Plymouth Community Food Pantry, 244 Main, Plymouth 584-1750
Salvation Army - Bristol Corps, 19 Stearns St, Bristol 583-4651
Spanish Speaking Center, 29 Cedar Street, New Britain 224-2651
(New Britain Residents - Please call for Street Schedule)
Town of Burlington, 200 Spielman Hwy, Burlington 673-6789
The Blessed Pantry, 739 Terryville Ave, Bristol 585-9742
The CFC Storehouse, 43 Prospect St, Bristol 589-0662
Zion Lutheran Church, 27 Judd St, Bristol 589-7744

HEALTH & HUMAN SERVICES

Bristol-Burlington Health District 584-7682
Bristol City Social Services 584-6260
Burlington Human Services (ext. 5) 673-6789
Berlin Community Services 828-7006
New Britain Health Department 612-2771
Plainville Social Services (ext. 294) 793-0221
Southington Social Services 628-3761

HIV/AIDS TESTING

Hartford Gay/Lesbian Collective, 1841 Broad Street 278-4163
National AIDS HOTLINE 800-342-2437
New Britain Health Dept-- HIV Office (by appointment) 826-3464
Waterbury Health Dept, 95 Scovill St, Waterbury 203-574-6883

HOSPITALS

Bradley Memorial Hospital, Southington 276-5000
Bristol Hospital, Bristol 585-3000
Charlotte Hungerford Hospital, Torrington 496-6666
John Dempsey Hospital—UCONN Health Center 679-2000
The Hospital of Central Connecticut, New Britain 224-5561
Waterbury Hospital 203-573-6000

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ADDICTION SERVICES

The Hospital of Central Connecticut 224-5804
Bristol Hospital 585-3420
Community Mental Health Affiliates Dual-Diagnosis 224-8192
Farrell Treatment Center (Adult Men Only) 225-4641
Wheeler Clinic 793-3588
Narcotics Anonymous 800-627-3543

DENTAL & HEALTH SERVICES

Community Health Center, 85 Lafayette St, New Britain 224-3642
Connecticut Dental Health Partnership 866-420-2924

MENTAL HEALTH SERVICES (Adult)

Bristol Hospital Counseling Center—Outpatient 583-5858
Charlotte Hungerford Hospital, Torrington Behavioral Hlth 496-6350
Community Mental Health Affiliates (CMHA) 224-8192
The Hospital of Central Connecticut - Behavioral Health 224-5804
Value Options® CT Behavioral Health Partnership 263-2000
Wheeler Clinic Access Center 793-3588

MENTAL HEALTH SERVICES (Children)

Community Mental Health Affiliates Family Services 223-2778
Klingberg Family Centers 224-9113
Wheeler Clinic Access Center (Hartford Site) 793-3588

MENTAL HEALTH SUPPORT & ADVOCACY GROUPS

Advocacy Unlimited 667-0460
North Central Regional Mental Health Board 667-6388
Mental Health Association of Connecticut 529-1970
NAMI Connecticut 800-215-3021

METHADONE MAINTENANCE

Hartford Dispensary - Bristol Clinic 589-6433
New Britain Clinic 827-3313

NEEDLE EXCHANGE

AIDS Project Hartford (call for information) 922-3173
Community Health Services, 500 Albany Ave, Hartford
(Daily 11:00 am-1:00 pm Monday - Friday)
Corner of Hungerford & Park Streets, Hartford
(Daily 7:00 am - 9:45 am & 2:00 -3:00 p.m., Mon-Fri)

POLICE DEPARTMENT

Berlin Police Department 828-7080
Bristol Police Department 584-3011
Burlington Police Department 673-4856
New Britain Police Department 826-3000
Plainville Police Department 747-1616
Plymouth Police Department 589-7779
Southington Police Department 378-1600

SHELTERS

Friendship Center, 241-249 Arch Street, New Britain 225-0211
(Single Adults & Families)
Salvation Army, 78 Franklin Square, New Britain 225-6662 Ext. 7
(Men Only - Come in between 7:00 a.m. - 9:00 a.m.)
Shelter Now, 43 Casimir Dr, Meriden 203-634-1734
St. Vincent DePaul, 19 Jacobs St, Bristol (Adults & Families) 589-0702

TRANSPORTATION

CT Transit (Handicapped or Discount Travel Passes) 525-9181
Dial-A-Ride 724-5340
LogistiCare (Non-Emergency Transportation for Medical Appts) 888-248-9895

UTILITIES ASSISTANCE (or call town Human/Social Services Depts.)

AT & T 800-288-2020
Berlin Social Services (call for referrals) 828-7007
Bristol Community Organization 582-7490
CT Natural Gas 524-8361
Human Resources Agency of New Britain 223-2288
Northeast Utilities (CL&P) 800-286-5844

EMERGENCY SERVICES

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*The following services are available 24 hours/day,
7 days/week unless noted otherwise.*

**IF IMMEDIATE CRISIS (Medical, Fire, Police
or Person is dangerous to self or others.) 911**

MENTAL HEALTH OR SUBSTANCE ABUSE ISSUES NEEDING IMMEDIATE HELP

Community Response Team—Wheeler Clinic 747-8719
For psychiatric or substance abuse evaluations in the
community for adult individuals in crisis.

Substance Abuse Treatment & Enhancement
Project - Access Line (SATEP) 800-563-4086

CHILD/ADOLESCENT CRISIS

Call INFOLINE for direct statewide transfer 211
For any crisis involving children/youth ages birth to 17

CHILD ABUSE/NEGLECT - TO REPORT CALL 800-842-2288

DOMESTIC VIOLENCE

Interval House Hotline 658-7227
Prudence Crandall Center, Inc (888) 774-2900

EMERGENCY ROOMS (Calling ahead is not required)

Bradley Memorial Hospital, 81 Meriden Ave, Southington 276-5208
Bristol Hospital, Brewster St, Bristol 585-3273
Charlotte Hungerford Hosp, 650 Litchfield St, Torrington 496-6650
John Dempsey Hospital—UCONN Health Center 679-2588
263 Farmington Ave, Farmington
The Hospital of Central CT, 100 Grand St, New Britain 224-5771
Waterbury Hospital, 64 Robbins St, Waterbury 203-573-6290

HELPLINE

Capitol Region Mental Health Center (CRMHC) 297-0999
Wheeler Helpline 747-3434

POISON CONTROL CENTER - CONNECTICUT 800-343-2722

PROTECTIVE SERVICES FOR ELDERLY (60 +) 888-385-4225
(Open 5 days/week from 8 - 4)

SEXUAL ASSAULT CRISIS SERVICES (SACS)
CT Sexual Assault Crisis Services (English) 888-999-5545
(Spanish) 888-568-8332

SUBSTANCE ABUSE DETOXIFICATION TREATMENT

Alcohol & Drug Recovery Centers (ADRC) 714-3700
Access Line for Referrals and Detoxification Center

Substance Abuse Treatment & Enhancement Project (SATEP)
Access Line for Referrals and Detoxification Center 800-563-4086

SUICIDE

National Suicide Prevention Lifeline (English) 800-273-8255
(Spanish) 800-628-9454

Suicide INFOLINE 211



THIS RESOURCE CARD IS PROVIDED BY THE
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367 Russell Road, Newington, CT 06111
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at www.ncrmhb.org
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